

Personal info; Yasmin Ghotbi

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Summary

Professional Pilates Instructor with proven experience in teaching and coordinating classes and individuals as well as i really enthusiasm to work in the team in order improve the method and skills. I would like to help other people through the Physical activity such Pilates.

Work History

polestar pilates Mat Instructor 2005

Polestar Pilates 5th International Conference cologne 2008

Practitioner of Pilates Reformer 2010

Event Training In France Paris 2014

Visit YYoga studio in Canada Vancouver. work with Richie Raynolds pilates Fusion.2016

Polestar Pilates Practitioner Studio 2019 .Work with Chair. Cadillac,Spine corrector,Ladder Barrel.

Latin Dance Instructure

Education;

Batchelor of science:Azad Universtiy Teheran iran.From 1994 -1998 as Interpreter german. Farsi.

used to work at the German Embassy in Teheran.1990 -1993 in Visa Section again after University work at the German Embassy in Teheran1998- 2001 in Cultural Section

Languages Skills: German. Farsi, English. French (moderate)

Owner self home studio Teheran Iran 2005'2018